This variety was distributed as the variety Piipiia, but it is now correctly identified as a Micronesian variety (Mei 1). It is a fast-growing tree that tends to have the same growth habit as the Hawaiian ‘Ulu. Micropropagated trees can begin bearing fruit in 2-1/2 to 3 years.

Average seasonality profile of Mei 1, Hawaiian ‘Ulu and Ma’afala.
MEI 1 (PIIPIIA)

Weight
2.3 - 4.1 lbs (1.02-2.1 kg)
3.2 lbs (1.48 kg) average

Shape & Size
Oval to Round; 5-7” long x 5-7” wide, 6 x 6” avg

Edible Portion
88%

Mei 1 produces 150-200, or more, delicious, nutritious fruits per year. The fruit has a creamy to pale yellow flesh and is always seedless. The flesh has a soft, creamy texture when cooked.

Breadfruit is a starchy energy-rich carbohydrate food and is also gluten free. Mei 1 is a good source of fiber and rich in minerals such as potassium, magnesium, and calcium. It contains (3%) protein and also provides niacin, thiamin, and riboflavin (B vitamins), Vitamin C, and Vitamin-A producing carotenoids.