



Appetizer

Breadfruit Chips

Jeanette Bonilla

2009 Kauai Breadfruit Bounty Cookoff

1 breadfruit, mature (firm)
1 Hawaiian chili pepper (optional)
Vegetable oil
Salt
Curry powder

Boil breadfruit with a little salt and Hawaiian chili pepper (optional).

Peel, core and slice breadfruit into ¼ inch slices.

Sprinkle with curry powder.

Deep fry breadfruit in oil until golden.

Sprinkle with salt, if desired.

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